



TURKISH SLEEP MEDICINE SOCIETY



Turkish - Japanese Sleep Forum

03 - 04 May 2010, Crowne Plaza Hotel - IZMIR

www.tutd.org.tr/trjp



Japan Year 2010 in Turkey

The meeting is open for all scientists. For more information please contact to sponsor@burkon.com
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3 May 2010 Monday

- 09.00 - 09.30 **Welcome and In Memoriam Prof. Dr. Ismet Karacan**
Dr. Sadik Ardic
- 09.30 - 10.00 **Applications for Basic Medical Research in Sleep**
Dr. Murat Özgören
- 10.00 - 10.30 **Coffee Break**
- 10.30 - 11.00 **Mini-Sleep recorder and its application for space medicine**
Dr. Yoshihiro Urade and Dr. Yoshida
- 11.00 - 11.30 **Nagahama 0-Degree Sleep Study (Nag-0-sl Study) in Japan**
Dr. Hiroshi Kadotani
- 11.30 - 12.00 **Turkish Adult Population Epidemiology and Profile of Sleep (TAPES) Study preliminary findings**
Dr. Ahmet Uğur Demir
- 12.00 - 13.30 **Lunch**
- 13.30 - 14.00 **Poster Session I**
Dr. Barış Baklan and Dr. Oya İtil
- 14.00 - 14.30 **New device for awakening using olfactory stimulation (Wasabi alarm system)**
Dr. Imai Makoto (Shiga Univ. of Med Sci.)
- 14.30 - 15.00 **Restless Leg Syndrome Prevalence in Turkey and in the World**
Dr. Serhan Sevim
- 15.00 - 15.30 **Coffee Break**
- 15.30 - 16.00 **Cardiac Findings and Sleep**
Dr. Yüksel Peker
- 16.00 - 17.00 **Session of Interaction**
Dr. Tetsuo Shimizu & Dr. Sadik Ardic

Sleep Forum



4 May 2010 Tuesday

- 09.00 - 09.30 **Recent progress on sleep-wake promoting substances: Prostaglandin and relating substances**
Dr. Fan and Dr. Yoshihiro Urade (OBI)
- 09.30 - 10.00 **Orexin as a waking substance**
Dr. Takeshi Sakurai (Kanazawa)
- 10.00 - 10.30 **Poster Session II**
Dr. İbrahim Öztura & Dr. Zeynep Zeren Uçar
- 10.30 - 11.00 **Coffee Break**
- 11.00 - 11.30 **Sleep Research in Japan**
Dr. Tetsuo Shimizu
- 11.30 - 12.00 **Sleep and Circadian Rhythm**
Dr. Ken-ichi Honma
- 12.00 - 12.30 **Invitation to Worldsleee2011 (incl. Memorial presentation for Dr. Karacan)**
Dr. Masako Okawa
- 12.30 - 13.00 **Closing Ceremony**
Dr. Sadik Ardic
- 13.00 - 14.00 **Lunch**

Optional Lab Visits:

Visit to Sleep Dynamics Laboratory (DEU Brain Biophysics Department) 14.00-16.00



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